## Until we get started... Here are some helpful reminders

- If you are having trouble hearing the webinar and are participating using your computer's audio please switch the audio options from "Computer audio" to "Phone call".
- To listen using your phone's audio, and after dialing the phone number and Access Code, please dial your Personal Audio PIN.
- Please utilize the chat or questions box throughout the meeting for questions or comments.
- If you would like to be unmuted anytime throughout the meeting please type into the chat box that you would like to make a comment and we will unmute you.

# ECLC Program Quality & Alignment Subcommittee-Preschool Development Grant Meeting

Friday, July 12, 2019 - 9:00-10:50 am
State Services Building
1525 Sherman St, Denver CO 80203
Please register for ECLC Program Quality and
Alignment Subcommittee on July 12, 2019 9:00 AM
MST at:

https://attendee.gotowebinar.com/register/2314496 562438843139



#### Welcome and Review of Minutes



- Webinar participants please type your name and organization you are representing into the chat box for introductions.
- Review meeting objectives
- Approval of meeting minutes from June 14, 2019



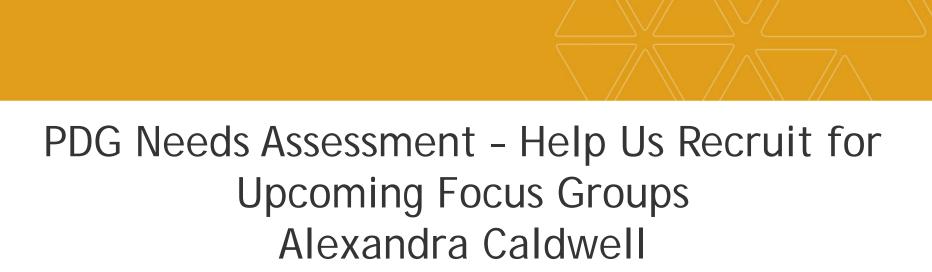
#### ECLC Updates Kristina Heyl





#### Preschool Development Grant Updates Lindsey Dorneman





## Help Us Make the Focus Groups a Success!

Community Engagement Recruitment for the Preschool Development Grant Needs Assessment



Director



Program Quality and Alignment Subcommittee

July 12, 2019



#### **ABOUT US**

We believe that sound evidence and solid analysis leads to better health policy, and that better health policy leads to healthier Coloradans.

That is our work as Colorado's leading nonprofit and nonpartisan health policy research group.

And we are passionate about it.

#### What is the Purpose of the Focus Groups?

- Characterize needs across the early childhood care and education system
- Key Topics:
  - Early care and learning needs for families
  - Child care provider needs, including both formal and informal providers
  - Other early childhood care and education stakeholder needs



#### 18 Focus Groups – Including Two Virtual





#### Who:

#### Parents of children birth to five years old

#### Where and When:

Choose the conversation that's most convenient for you!

**Pueblo** Public Library

**Wednesday, July 24**, 5:30-7 p.m

**Denver** Tri-County Health Department, Westminster **Thursday, July 25**, 5:30-7 p.m.

La Junta, Woodruff Memorial Library

**Monday, July 29**, 5:15-6:45 p.m.

**Greeley**, Farr Regional Library

**Tuesday, July 30**, 5:30-7 p.m.

**Durango** Public Library

**Wednesday, July 31**, 5:30-7 p.m.

Steamboat Springs, **Bud Werner Library**  Thursday, August 1, 5:30-7 p.m.

**Haxtun** Community Center

**Monday, August 5**, 5:30-7 p.m.

**Grand Junction**, Mesa County Health and Human Services Building

**Tuesday, August 6**, 5:30-7 p.m.

Your Computer, Zoom call-in information forthcoming Thursday, August 8, 5-6:15 p.m.

★ Parents receive a \$30 Amazon gift card

> ★ Dinner/ lunch provided





#### Who:

Early childhood education and care providers and stakeholders, including policymakers, clinicians, elected officials, advocates, and others.

#### Where and When:

Choose the conversation that's most convenient for you!

**Pueblo** Public Library

**Wednesday, July 24**, 11:30 a.m.-1 p.m

**Denver Tri-County Health** Department, Westminster **Thursday, July 25**, 1:30 a.m.-1 p.m

La Junta, Woodruff Memorial Library

**Monday, July 29**, 11:30 a.m.-1 p.m

**Durango** Public Library

**Wednesday, July 31**, 11:30- a.m.-1:30 p.m

Steamboat Springs, Bud Werner Library, Thursday, August 1, 11:30-a.m.-1 p.m

**Haxtun** Community Center

Monday, August 5, 5:30-7 p.m.

**Grand Junction**, Mesa County Health and Human Services Building Tuesday, August 6, 1:30-3 p.m.

**Denver**, Fire Station 2, Aurora (*Child care provider discussion*)

Wednesday, August 7, 5:30-7 p.m.

Your Computer, Zoom call-in information forthcoming Thursday, August 8, 12-1:15 p.m.

Child care providers receive a \$30 Amazon gift card

> ★ Dinner/ lunch provided





#### **Considerations**

- Location selection criteria:
  - Population density
  - Regional representation
  - Strength of existing relationships
- One focus group for child care providers only.
- Existing needs assessments will inform discussions when applicable.
- Not included: "Informal" focus groups.



#### Where You Come In:

- Please help us recruit families, child care providers, and other stakeholders!
  - Send to your networks
  - CC Nina Bastian on those emails
- Do you know of parent groups or individual key informants that represent populations that are especially hard to reach?
  - e.g., homeless, families living without documentation, migrant, refugee, immigrant, monolingual Spanish-speaking
- Please contact Nina Bastian at BastianN@coloradohealthinstitute.org
- All participants RSVP here: colo.health/childcare







## Discussion on Alignment and Coordination Activities for PDG Kristen Lang



## COLORADO SHINES BRIGHTER

PRESCHOOL DEVELOPMENT GRANTS BIRTH THROUGH FIVE

Ensuring all Colorado children are ready for school when entering kindergarten!



### PDG: Brainstorming Ideas for Alignment, Coordination and Collaboration to Improve Program Access

#### **Groups:**

Provider Operations Matrix

- 1) General Provider Requirements/Involvement with QRIS
- 2) Ratio, Group Size
- 3) Screening and Assessment
- 4) Transitions
- 5) Serving Children with Disabilities

#### Family Access Matrix

- 1) Eligibility
- Application/Recertification Process





### PDG: Brainstorming Ideas for Alignment, Coordination and Collaboration to Improve Program Access

Guiding Questions: In looking across the chosen row, where do you see opportunities to improve alignment, coordination, and collaboration among programs for purposes of increasing access to quality early childhood care and education programs meeting family need for our targeted populations?

What changes would:

- 1) align and coordinate existing early care and education programs, resources, and services;
- 2) improve the quality of programs serving our target populations;
- 3) facilitate better partnership between programs to help prepare children entering kindergarten;
- 4) increase program operating and cost efficiencies;
- 5) expand parent choice and engagement; and
- 6) ensure families are linked to the full range of services they need?





#### Remote Option:

- Look at the Application/Recertification
   Process row in the Family Access Matrix and the Screening & Assessment row in the Provider Operations Matrix
- During the discussion period, send ideas for alignment in these two rows through the chat. Use that feature to discuss different ideas and settle on the one(s) that would have the most impact. Complete the Jot Form to record your responses.
- Please find the JOT form attached: https://form.jotform.com/91896411695167



#### Early Childhood Health Outdoors (ECHO) Liz Houston & Sarah Konradi





#### **Our Goal**

To connect young children to nature by improving the spaces where they spend time each day, transforming traditional playgrounds into natural, engaging, and dynamic outdoor learning environments.



#### What is ECHO?

A comprehensive program of landscape design assistance, seed grant funding, training, and ongoing technical assistance.



### STRESSION DEPRESSION ALLERGIES **ANXIETY** ASTHMA ADHD DIABETES HYPERTENSION **MYOPIA** VITAMIN D DEFICIENCY

#### **Research Based**

#### **Physical Activity Increase**





Children observed after outdoor renovations were 22% more likely to be engaged in light, moderate, or vigorous physical activity.





## **Environmental Quality Improvement: Indoors**



## **Environmental Quality Improvement: Outdoors**



#### **Incremental Development**



#### **Incremental Development**



#### **ECHO Components**

- Application Process
- Site Analysis
- Design Workshop
- Schematic Design
- Community Engagement
- Action Plan
- Community Build Days
- Professional Development
  - Ongoing Training and Technical Assistance
- Toolkits and Resources

#### **Design Workshop**





#### **Community Engagement**



#### **Action Plan**

#### **Outdoor Learning Environment Action Plan**

Center Name: SAMPLE Child Development Center

Name(s) completing plan: Director and Teacher

| Date: March 27, 2017   |  |
|--|--|
| Goals  | Objective(s)   |
| Provide vegetable gardening opportunities for children               | <ul> <li>a. Install U-shaped Learning Garden and additional raised beds in preschool OLE</li> <li>b. Install 3 raised beds in toddler/ 2's OLE</li> </ul>  |
| Increase connectivity and physical activity circuit in preschool OLE | a. Install pathway extension in preschool OLE  b. Potentially remove central concrete area in existing path loop and install turf  c. Install several stepping stone pathways to begin to connect new settings |
| 3. Expose children to healthy eating options                         | a. Install gooseberry bushes and apple trees     b. Install bamboo teepee and plant edible beans around the perimeter to create an edible plant-based setting  |

#### Additional Notes:

Existing raised planters in preschool OLE will be moved to infant area to create sensory gardens.

Phase One will also include planting of trees/ shrubs and perennials in the preschool OLE once the pathway changes are completed.

## **Community Build Days**



#### **Professional Development**



#### **Training and Technical Assistance**

- Annual Summit
- On-site training at Demonstration Sites
- Technical assistance training
- "Early Childhood Outdoor Environments" online certificate program



#### Regulatory Report

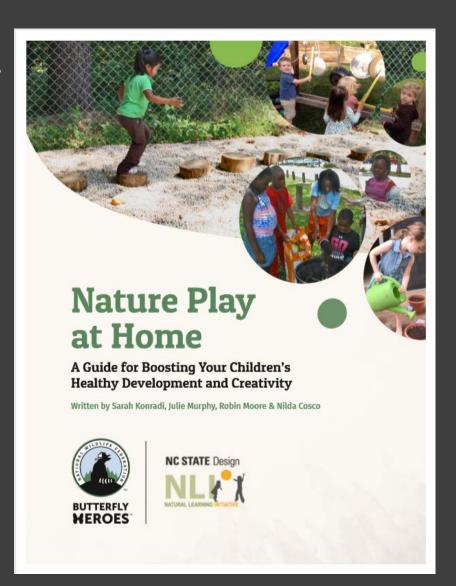


# Playing by the Rules | Colorado

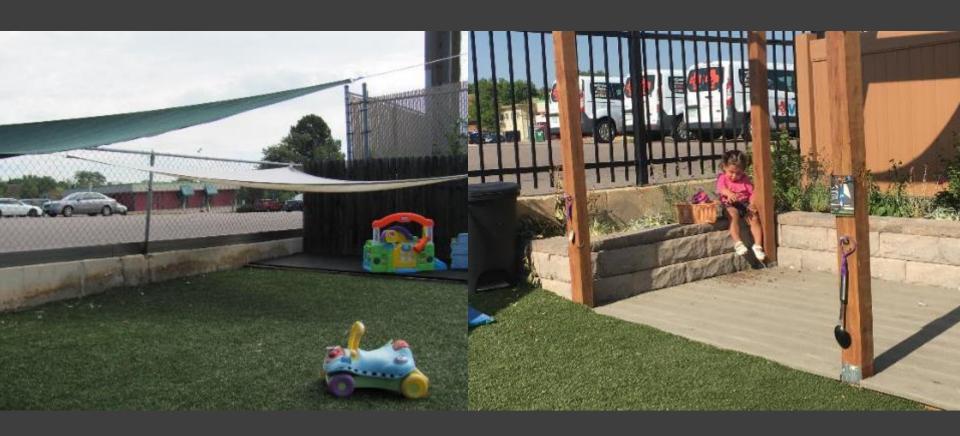
A Practitioner's Guide to Rules, Regulations, and Rating Systems for Outdoor Learning Environments in Colorado Child Care Facilities

#### **Family Child Care Providers**

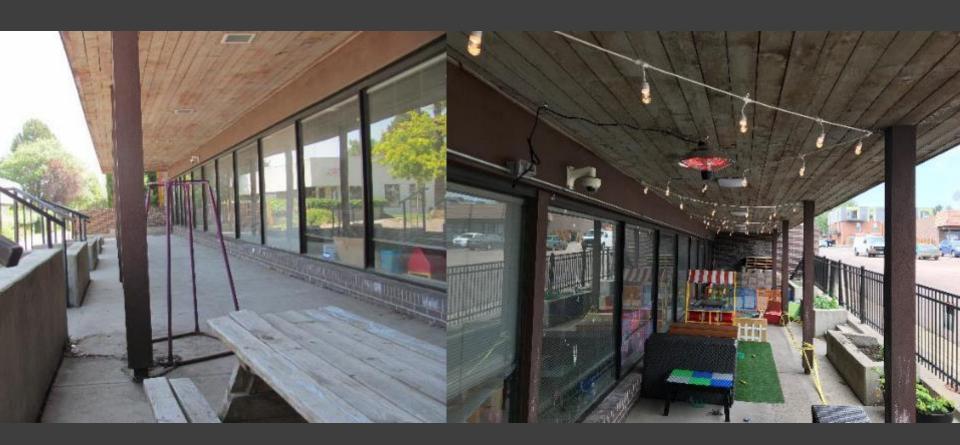
- Specialized "Nature Play at Home" training.
- \$275 implementation grants will be provided to implement ideas learned in the training and to cover costs to attend.



## **Infant and Toddler Space**



## **Incremental Change**



# Winding, looping path



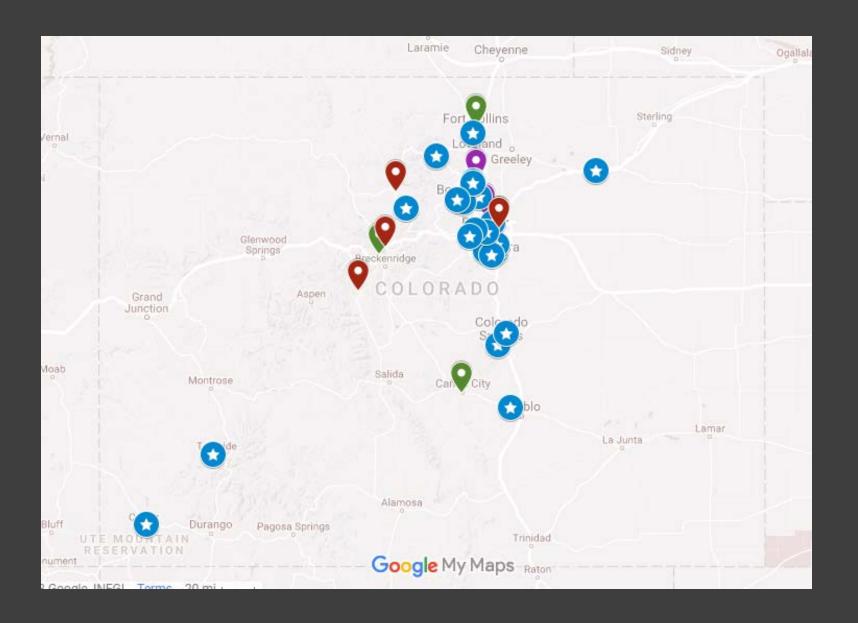
#### **Mud Kitchen**



### Gardens



#### **Selected Demonstration and Seed Sites**

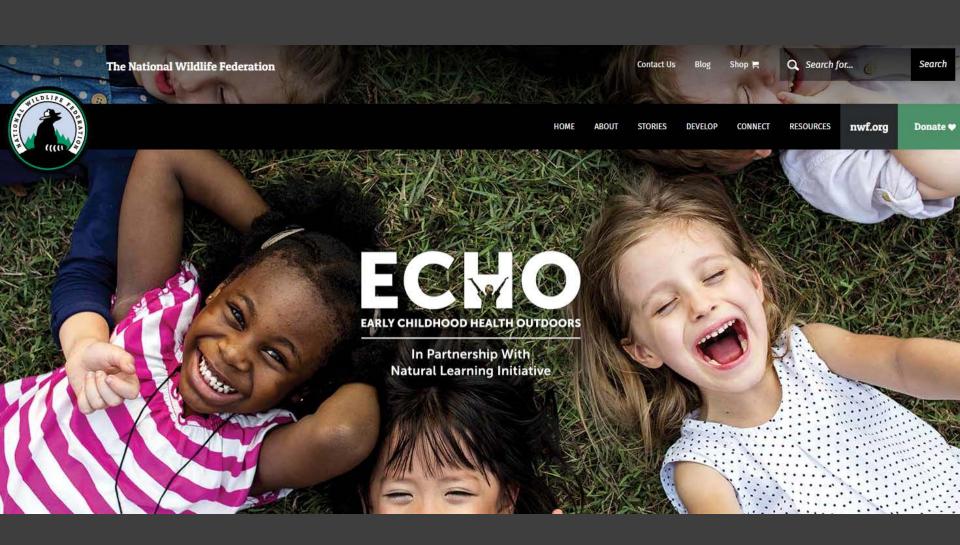


#### **Green is good!**

- Physical activity increased
- Attention functioning improved
- Executive functioning, self-regulation enhanced
- Cognitive abilities enhanced
- ADD symptoms reduced
- Gross motor development supported
- Sickness reduced
- Richer play stimulated
- Stress reduced
- Smarter, healthier, happier kids
- Environmental stewards as adults

### Healthy. Natural. Affordable.





#### **Contact**

Sarah Konradi
 ECHO Program Director
 konradis@nwf.org
 303-441-5140

Liz Houston

 ECHO Partnerships
 Manager
 houstonl@nwf.org

 303-441-5184



http://www/nwf.org/echo



## Public Comment and Member Updates

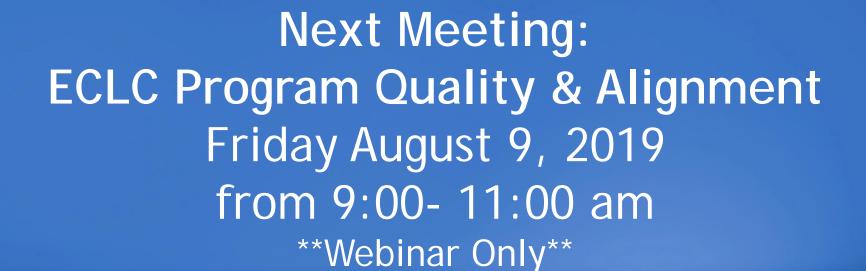




#### Next Steps and Adjourn

Agenda Topics for Future Meetings





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